

Name: _____		Completed by: _____			
ID: _____		Date: _____			
General Education Requirements (37 Credits)	Credits	Grade	Semester	Notes	
Communication (6 Credits)					
ENG 1113 English Composition I	3				
ENG 1213 English Composition II	3				
History and U.S. Government (6 Credits)					
HST 1483 US History to the Civil War or HST 1493 US History since the Civil War	3				
GVT 1113 American Federal Government	3				
Science (8 Credits)					
BIO 1114 General Biology or other lab science course	4				
CHM 1114 General Chemistry I or other lab science course	4				
Humanities (6 Credits)					
	3				
	3				
Mathematics (3 Credits) Any college-level general education math course.					
	3				
Liberal Arts (3 Credits)					
PSY 1113 Introductory Psychology or SOC 1113 Introduction to Sociology	3				
General Education Electives (4-5 Credits) See catalog for a list of courses.					
Completed HS computer course: ☐ If student did not complete a high school computer course, at least one elective or program course must have a CIS or CS prefix.					
Student Success (1 Credit) For first-time freshmen					
COL 1211 Success Strategies	1				
Program Requirements (23 Credits)	Credits	Grade	Semester	Notes	
Program Core (12 Credits)					
HWP 1113 Personal Health	3				
HWP 2213 First Aid	3				
NUT 1553 Nutrition or HWP 1133 Sports Nutrition	3				
HWP 2713 Care and Prevention of Athletic Injuries	3				
Program Electives (8 Credits)					
AP 1113 Applied Anatomy (Fall only)	3				
HWP 2222 Sports Rules & Officiating	2				
HWP 2963 Introduction to Kinesiology (Spring only)	3				
Recommended Program Electives (3 Credits)					
HWP 1132 Lifetime Wellness	2				
HWP 2232 Theory of Coaching Baseball	2				
HWP 2242 Theory of Coaching Basketball	2				
HWP 2813 Issue Awareness	3				
HWP 1011 Strength and Conditioning	1				
NUT 1553 Nutrition or HWP 1133 Sports Nutrition	3				
PSY 2213 Wellness, Exercise, and Sports Psychology	3				
Substitutions must be approved by Program Chair					
Total Credit Hours Required: 60 ☐ 15 hours at MSC ☐ Min 2.0 GPA ☐ Computer Course ☐ Min 37 Hours in Gen Ed Core ☐					