

Murray State College
Degree Check Sheet 2019-2020

Associate of Science Degree in Health, Wellness and Human Performance with an Emphasis in Athletic Training

Required credits for the degree – 62-63 Credit Hours

Name: _____	Graduation Advisor Signature: _____
ID: _____	Date: _____

General Education Requirements (38-39 Credits)	Credits	Grade	Semester	Notes
English Composition (6 Credits)				
ENG 1113 English Composition I	3			
ENG 1213 English Composition II	3			
History and U.S. Government (6 Credits)				
HST 1483 US History to 1877 (or) HST 1493 US History since 1877	3			
GVT 1113 American Federal Government	3			
Science (8 Credits)				
PHS 1114 General Physical Science (or) other science course	4			
BIO 1114 General Biology (or) other lab science course	4			
Humanities (6 Credits) Acceptable courses in the college catalog General Education Core, Section A, Area 4.				
Any course from Area 4.	3			
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Mathematics (3 Credits)				
MTH 1413 Survey of Mathematics (or) MTH 1513 College Algebra	3			
Liberal Arts (3 Credits)				
SOC 1113 Intro to Sociology (or) PSY 1113 Introductory Psychology	3			
Arts and Science (3 Credits)				
Any Area 7 course from the college catalog	3			
Computer Proficiency (3 Credits)				
CIS 1113 Computer Applications (or displayed proficiency)	3			
Student Success (1 Credit) (first semester- first-time Freshman)				
COL 1211 Success Strategies	1			

Program Core and Recommended Electives - 24 Credit Hours Required)

Program Core Requirements (12 Hours)	Credits	Grade	Sem	Recommended Program Electives (4 Hours)	Credits	Grade	Sem
HWP 1113 Personal Health	3			HWP 1132 Lifetime Wellness	2		
NUT 1553 Nutrition	3			HWP 2222 Sports Rules & Officiating	2		
HWP 2213 First Aid	3			HWP 2232 Theory of Coaching Baseball	2		
HWP 2713 Care/Prevention Athletic Injuries	3			HWP 2242 Theory of Coaching Basketball	2		
Required Program Electives (8 hours)				HWP 2812 Issues Awareness	2		
AP 1113 Applied Anatomy (Fall only)	3			Credit Hours Required: 4			
HWP 2963 Introduction to Kinesiology (Spring only)	3			Suggested Elective Activity Classes: Will only apply to graduation after 60 credits earned			
HWP 2972 Athletic Training Practicum	2			HWP 1021 Beginning Weight Training	1		
				HWP 1081 Women's Fitness	1		
				HWP 1131 Walking and Jogging	1		
Credit Hours Required:	20						

Total Credit Hours Required for the A.S. in Health, Wellness and Human Performance Degree: - 62-63

15 hours in residence at MSC _____

Min. 2.0 GPA _____

Min. 38 Hours in Gen Ed Core _____